



MARCH 2021 NEWSLETTER

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March is National Women's History Month, but since women are pretty historic year-round, it begs the question:

Why March? Is this month significant to women's history, or is it just an arbitrary month on the calendar? The answer involves a little bit of history and a little bit of coincidence.

From Day to Week to Month

Women's History Month, which is observed in the US, UK and Australia in March, and in October in Canada, began with a single day. International Women's Day is March 8, and it has been observed in some shape or form since 1911. It was officially commemorated by the United Nations in 1975 and was officially recognized by the UN two years later.

In the 1970's, local groups and municipalities began celebrating Women's History Week. According to the National Women's History Museum, one of the most notable celebrations was organized in Santa Rosa, California, by the Education Task Force of the Sonoma County Commission on the Status of Women in 1978.

The movement was so popular, people began lobbying for a more formal observance, and in 1980, President Jimmy Carter designated the first official National Women's History Week, beginning on March 8 of that year.

Schools, universities, and local governments came to realize that this period of time allowed them to not only celebrate the achievements of women, but look critically at equality and opportunities for women, and educate people on women's history. It was only a matter of time before the week became a month.

According to the National Women's History Alliance, states began declaring the whole month of March as Women's History Month all the way up until 1986, when a more national push finally made headway. The following year, Congress declared March 1987 as the first official Women's History Month.

Important Parallels

Besides International Women's Day, March holds a few more important milestones for women's history:

Title IX, which prohibits sex discrimination in all federally funded education programs, was passed by the Senate on March 1, 1972. It became law later that year. In fact, the educators who formed the first Women's History Week a few years later did so to help schools comply with Title IX regulations.

The Equal Rights Amendment, a constitutional amendment which guarantees rights regardless of sex past those assured by the 19th Amendment, passed the Senate on March 22, 1972. (P.S. -- it's still not fully ratified.)

Earlier in the 20th century, two significant women's suffrage events took place in March. The first major suffragist parade took over Washington, DC, on March 3, 1913, and the National Woman's Party, a political group dedicated to women's suffrage, was officially formed in March 1917.

Also, it might be a coincidence, but seeing as how demonstrations and public displays were an integral part of the women's suffrage movement, the month of "March" certainly seems to fit.



Source:

CNN. (2020). Women's History Month: Why it Takes Place in March. CNN. [Women's History Month: Why it takes place in March - CNN](#)

International Women's Day



On Monday, March 8, 2021, women around the world will celebrate female empowerment as part of this worldwide holiday. In years' past, we've celebrated the holiday by volunteering and attending events, but because of the ongoing pandemic, we'll be celebrating at home this year.

If you've never celebrated the holiday before (or if you're in search of new ways to celebrate social-distancing-style), we've put together a list of ways you can commemorate International Women's Day at home.

Learn About Female Icons

Spend the day educating yourself about some of the most influential women in history. If you're not sure where to start, try reading about these [16 strong female figures who have shaped the world](#) we live in today or learn more about the late Ruth Bader Ginsburg and her iconic collars.

Reach Out to a Friend

International Women's Day is all about empowering women, so what better way to celebrate than by lifting up the women you talk to every day. Send a text, email, or hand-written note to each of your close gal pals to let them know what you admire about them and how much you appreciate them.

Support a Female-Owned Business

We've all been doing a bit of extra online shopping during the pandemic. Whether you're in need of a new home decor piece or want to update your spring wardrobe, skip the big-name retail store and shop from a female-owned business this holiday. To help you get started, we've put together a list of our [favorite women-run companies](#), and [professional uplifting blog & podcast](#) to support; as well as [other Black female-owned businesses](#) to support right now.

Donate to a Women's Organization

International Women's Day is a great time to help out organizations that focus on female empowerment year-round. If you're in a position to give, donating money online is a quick and easy way to make a difference in the lives of women and girls around the world.

Here are a few of our favorite organizations to consider:

- [Girls Inc.](#)
- [Girls Who Code](#)
- [Step Up](#)
- [Women for Women International](#)

Read a Book by a Female Author

If you're experiencing pandemic boredom, you're not alone. After a year of staying home and social distancing, I've gotten tired of puzzles and Netflix shows. If you're looking for a way to keep your mind off the uncertainty of 2021, pick up a new book by a female author. These are a [few of our favorite books by Black female authors](#), and we recommend buying



Source:

Yahoo News. (2021). How to Celebrate International Woman's Day. *Yahoo News*. <https://news.yahoo.com/celebrate-international-womens-day-195600241.html>

POCAHONTAS DR. TSAI-FAN YU
 SUSAN B ANTHONY MADELEINE ALBRIGHT
 MICHELLE OBAMA MADAM C.J. WALKER
 ELIZABETH CADY STANTON BETTY FRIEDAN
 ELLA BAKER
 MYA ANGELO
 JOSEPHINE BAKER
 HELEN KELLER
 AMELIA EARHART
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 CORETTA SCOTT KING
 DR, MAE JEMISON
 MARGARET BOURKE-WHITE
 SOJOURNER TRUTH
 KAMALA HARRIS
 DOMINIQUE DAWES
 GLORIA STEINEM
 ABIGAIL ADAMS
 MARGARET SANGER

WOMEN'S HISTORY MONTH

QUOTE OF THE MONTH

*"There is no force more powerful than a woman determined to rise."
 —W.E.B. Dubois*



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